

YEAR	DISTANCE	ENTRIES	MEN'S WINNER	TIME	WOMEN'S WINNER	TIME
1973	5.8mi	273	Jack Bellah	unknown	Terri Anderson	unknown
1974	5.8mi	493	Mark McConnell	28:30	Debbie Rudolph	36:08
1975	5.8mi	564	Hans Templeman	28:12	Terri Anderson	32:44
1976	5.8mi	700	Mitch Kingery	28:27	Sue Munday	unknown
1977	5.8mi	1,600	Benton Hart	27:48	Judy Leydig	34:05
1978	5.8mi	2,000	Mike Penocci	27:37	Sue Munday	34:29
1979	5.8mi	2,300	Duncan McDonald	27:38	Sue Munday	33:09
1980	5.8mi	3,000	John Moreno	27:22	Michelle Aubuchon	32:05
1981	5.8mi	3,300	Duncan McDonald	26:23	Carol Gleason	33:28
1982	5.8mi	3,600	Dan Gruber	26:57	Laurie Binder	31:30
1983	5.8mi	3,700	Dan Grimes	26:48	Laurie Binder	31:10
1984	5.8mi	6,000	Armando Siqueiros	27:01	Carla Beurskens	30:19
1985	5.8mi	8,000	Steve Ortiz	26:11	Lynn Nelson	31:29
1986	5.8mi	10,000	Ashley Johnson	26:05	Terry Puckett	30:47
1987	6m	14,000	Jay Marden	28:14	Nancy Ditz	31:59
1988	6m	12,000	Matt Clayton	27:54	Nancy Ditz	31:52
1989	6m	12,000	Brian Abshire	27:45	Lynn Nelson	31:42
1990	10k	12,000	Carmelo Rios	29:48	Barb Acosta	35:18
1991	6m	13,000	Brian Abshire	27:30	Nancy Ditz	31:47
1992	6m	13,000	Lameck Aguta	26:42	Albina Galliamova	31:34

1993	6m	13,000	Alan Dehlenger	28:41	Linda Somers	32:12
1994	6m	13,000	Ian Leitch	29:18	Barb Acosta	32:41
1995	10k	14,000	Danny Gonzalez	29:55	Linda Somers	33:04
1996	10k	14,000	Peter VanDerVelde n	29:40	Barb Acosta	34:13
1997	6m	14,000	James Bungei	27:38	Ludmila Petrova	31:01
1998	6m	14,000	John Gwako	27:08	Jane Omoro	30:48
1999	6m	14,000	Philip Kurui	27:35	Jane Omoro	30:56
2000	6m	14,000	John Gwako	27:55	Kelly Cordell	31:23
2001	6m	14,000	Evans Rutto	27:16	Grace Momanyi	
2002	6m	14,000	Evans Rutto	27:38	Esther Kiplagat	30:42
2003	6m	14,000	Patrick Nthiwa	27:35	Kim Fitchen-Young	31:19
2004	6m	15,000	Shadrack Kosgei	27:51	Kim Fitchen-Young	32:12
2005	6m	15,000	Wilson Kigen	27:36	Sally Barsosio	31:17
2006	6m	15,000	Ridouane Harroufi	27:10	Jemima Jelagat	31:07
2007	6m	15,000	Karim El Mabchour	27:53	Leah Kiprono	31:41
2008	6m	15,000	Gebo Burka	27:48	Amane Gobena	30:46
2009	6m	15,000	Simon Cheprot	27:06	Meseret Mengsitu	30:45
2010	6m	15,000	Shadrack Kosgei	27:01	Belainish Gebre	30:45
2011	6m	15,000	Silas Kipruto	26:56	Magdalena Lewy Boulet	30:49

2012	6m	15,000	Shadrack Kosgei	27:20	Risper Gesabwa	30:58
2013	6m	15,000	Nelson Oyugi	27:13	Emily Infeld	30:52
2014	6m	16,000	Simon Ndirangu	27:34	Caroline Rotich	30:18
2015	6m	16,000	Sam Chelanga	27:25	Risper Gesabwa	31:19
2016	6m	16,000	Isaac Mukudi	27:30	Risper Gesabwa	31:33